

16th Note Grid

♩=80-140

1

f

5

9

Notes

- *Primary focus for this exercise is timing. Accents should never affect 16th note spacing
- *Be sure to practice while marking time. Your feet should be an asset not a liability. Do not let the 'e's and 'a's throw your timing off
- *Once you feel comfortable with accents, try substituting flams, diddles, paradiddles, and other rudiments